

Foamlike properties in networks of bundled semiflexible polymers

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We simulate large systems of mutually attractive semiflexible polymers such as actin filaments in quasi-two dimensions with recently developed event-chain Monte Carlo and molecular dynamics techniques. An isotropic initial state generically evolves into a network of bundles of polymers, which slowly coarsens over time. This explains why networks of bundles are frequently observed in cytoskeletal systems, although one single polymer bundle appears to have a lower free energy. The resulting structure aims to minimize the overall bundle length, which gives rise to properties reminiscent of foams. We apply laws and relations characterizing the structure of foams to the polymer bundle networks. While the empirical Feltham law, as well as the Aboav-Weaire relation, apply to our system, Plateau's law is not followed due to anisotropy and bending stiffness. The coarsening dynamics of the bundle networks are found to be very sensitive with respect to details of the polymer interactions and to deviate from a pure power-law growth of the mean enclosed area, albeit qualitative resemblance to foams remains. We develop a scaling theory capturing the observed coarsening process based on a solidlike friction law for polymer motion in a bundle.

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Introduction. Semiflexible biopolymers such as actin filaments or microtubules serve a variety of purposes in the cytoskeleton: They establish cell shape and mechanics, and they enable active transport and contractile force generation in cooperation with molecular motors, as well as intracellular spatial organization. To fulfill these functions, filaments assemble into a hierarchy of distinct supramolecular structures: Actin can form single filaments, which can assemble into bundles of parallelly aligned filaments (e.g., in filopodia) and into meshed networks of filaments in the actin cortex. While cells induce an effective short-range interfilament attraction via dedicated cross-linking proteins, numerous *in vitro* studies have shown that bundling of actin or microtubule may be effected by generic short-range attractive mechanisms, for example, by counterion condensation or depletion attraction [1–4]. Recently, various synthetic cytoskeletal structures formed by actin or by DNA constructs have been realized, which also employ different short-range attractive interactions for structure formation [5–7].

While a small number of actin filaments with attractive interactions assemble into a single bundle in a well-defined discontinuous phase transition [8], there is mounting evidence from *in vitro* experiments and detailed structural investigations of the *in vivo* actin cortex supporting that large systems of actin filaments assemble into networks of branched actin filament bundles [9–20]. To summarize the main findings of

Refs. [16,17], the network structures are insensitive to details of the bundling mechanisms, provided that the attractive interaction is uniform, but depend strongly on the network formation history. After a short timespan, the networks reach a steady state with bundles of finite width, which persists over the experimental timescale. Networks of bundles have also been observed for intermediate filaments [21] and synthetic carbon nanotubes [22].

In this paper, we explore large systems of attractive semiflexible polymers theoretically and show that they generically form coarsening networks of bundles by simulating semiflexible, mutually attractive polymers in a flat three-dimensional (3D) [quasi-two-dimensional (quasi-2D)] volume. The large-scale simulations we perform contain hundreds of polymers and employ recently developed event-chain Monte Carlo (ECMC) techniques [23,24] as well as Langevin dynamics simulations using LAMMPS [25]. As a general consequence of the attraction, the resulting meshed networks aim to reduce their total amount of bundle surface by decreasing the bundle length. For rings formed by a single bundle of semiflexible polymers, this gives rise to a controllable ring contraction [26]. Larger systems of semiflexible polymers associate initially into a network structure, and we find a coarsening of the network of bundles over long timescales, which makes the network of bundles the generically observed state. Only at the end of this long coarsening process, the thermodynamic equilibrium state with a single thick bundle can eventually be reached. This resolves the long-standing question regarding the nature of the equilibrium structure of a simple solution of semiflexible polymers with generic attractive interactions. The long-time coarsening can explain why a structure of networks of bundles is almost universally observed, although one single polymer bundle appears to have a lower free energy. We show that networks of bundles form under generic

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short-range attractive interactions. In the biological literature, emerging cytoskeletal structures are typically attributed to a specific design of actin-binding cross-linkers [27–29], while we find a complex network of bundle structure throughout a long coarsening process without stabilization by specifically designed cross-linkers. Formation of networks of bundles of semiflexible filaments has been reported earlier in simulations of large numbers of attractive filaments [30–33], but their coarsening behavior over long timescales remained unnoticed.

Coarsening is driven by reduction of the total amount of bundle surface and, thus, reduction of the bundle length. This is reminiscent of dry foams where the structure is largely determined by the slow minimization of the area of liquid-gas interfaces. We explore this analogy to foams by applying relations known from foams, such as Plateau’s law for angles and Lewis and Feltham laws for the areas and circumferences of network cells. However, the microscopic dynamics of both systems are very different; the bundled networks involve relative sliding of filaments, whereas foams require diffusion of gas through liquid interfaces. We show that this gives rise to a distinct coarsening dynamics in the network of bundles.

Model and simulation. We represent semiflexible polymers using a discrete semiflexible harmonic chain (SHC) model [34]. Each polymer consists of N beads connected by harmonic springs with a spring constant k and a bending energy derived from the bending angle of three neighboring beads with a bending stiffness κ :

$$E_{\text{shc}} = \frac{k}{2} \sum_{n=1}^N (|\mathbf{t}_n| - b_0)^2 + \frac{\kappa}{2b_0} \sum_{n=1}^{N-1} (1 - \hat{\mathbf{t}}_{n+1} \cdot \hat{\mathbf{t}}_n), \quad (1)$$

where $\mathbf{t}_n = \mathbf{r}_n - \mathbf{r}_{n-1}$ denotes the bond vectors connecting the beads n and $n-1$, $\hat{\mathbf{t}}_n$ is normalized, and b_0 is the bond rest length. Additionally, each bead consists of a hard sphere with diameter σ and an attractive square well (SW) potential with diameter $d = 1.4\sigma$ and strength g corresponding to a two-particle potential $V(r) = V_{\text{hs}}(r) + V_{\text{ad}}(r)$ with $V(r) = \infty$ for $r < \sigma$, $V(r) = -g$ for $\sigma < r \leq d$, and $V(r) = 0$ for $r > d$. This potential serves as generic model for various adhesion mechanisms, e.g., counterion-induced attraction, depletion, or specific cross-linking proteins [8], or poor solvents [35]. In this paper, we consider weak binding of polymers, i.e., $g \lesssim k_B T$, and the polymers can slide along each other. Effects like coupled bending known from the wormlike bundle model [36] do not arise. In the simulation, we measure lengths in units of the hard sphere diameter σ , energies in units of $k_B T$, and times in multiples of integration steps Δt (molecular dynamics, MD) or sweeps (Monte Carlo, MC). Values of the interaction parameters are provided in Sec. II of the Supplemental Material [37].

Typical simulation systems consist of hundreds of polymers with several hundreds of beads, which requires an efficient simulation technique. We use the ECMC algorithm, which was successfully applied to a variety of systems [38–42]. For a detailed description, we refer to reviews [23,24]. In short, the ECMC algorithm is a rejection-free Monte Carlo method performing in each event chain a cluster move of many particles. It has been generalized to bead-spring polymer simulations with bending rigidity in Refs. [42,43] and shown to produce a realistic polymer dynamics

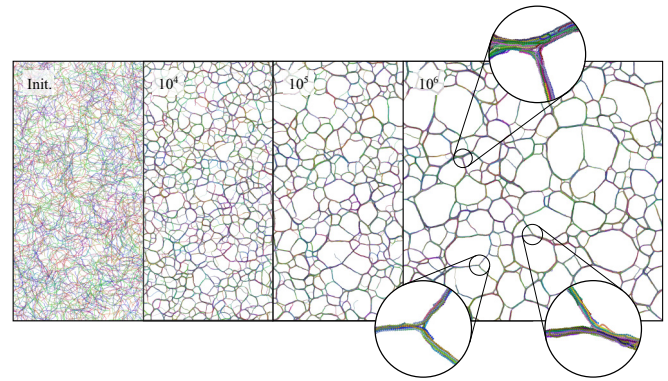


FIG. 1. An isotropically initialized system of 2800 mutually attracting SHC polymers evolves into a meshed network of polymer bundles. Numbers in the upper left corners give the simulation time in sweeps.

resembling MD [42]. We compare our ECMC simulations, in particular, the time evolution of our system, to Langevin dynamics simulations performed with the well-established MD package LAMMPS [25]. Since the bead potential $V(r)$ is discontinuous, we also use an attractive Lennard-Jones (LJ) potential in MD and ECMC simulations to facilitate a comparison.

Quasi-2D networks of bundled polymers. Simulations are performed in flat, i.e., $L_z \ll L_{x,y}$, three-dimensional volumes with periodic boundary conditions along the x and y directions and hard walls at the z boundaries. Starting from an isotropic initialization and with an attraction g sufficient to induce bundle formation [8], the system of polymers evolves into a meshed network of polymer bundles (see Fig. 1).

The equilibrium properties of similar systems have been examined in several theoretical studies [8,35,44–46]. From the results therein, we expect our system to evolve toward an equilibrium configuration of a single bundle similar to a nematic phase. We find that for sufficiently long and stiff polymers (see Sec. II of the Supplemental Material [37]), this evolution proceeds for a long time via intermediate (network) structures as shown in Fig. 1, which will be typically observed in experiments and are the focus of this study.

The coordination of the bundled network in Fig. 1 is approximately $z \approx 3$; that is, three bundles meet at a vertex in accordance with experiments [16]. If the evolution of the network is followed, we observe coarsening via a decrease of the number of meshes and a concomitant growth of the mean mesh area. This behavior is reminiscent of other 2D cellular structures seeking to minimize the overall edge length [47]. A similar driving force governs the network of bundled polymers: The total number of attractive overlaps between beads is increased if the amount of bundle surface in the system is reduced. Therefore, configurations with less and shorter bundles are favored. An important difference of the polymer networks to simple cellular structures like dry soap froths is the non-negligible bending stiffness. To quantify the structural properties and the behavior of the bundled polymer network, we apply an image analysis approach (see Sec. III of the Supplemental Material [37]).

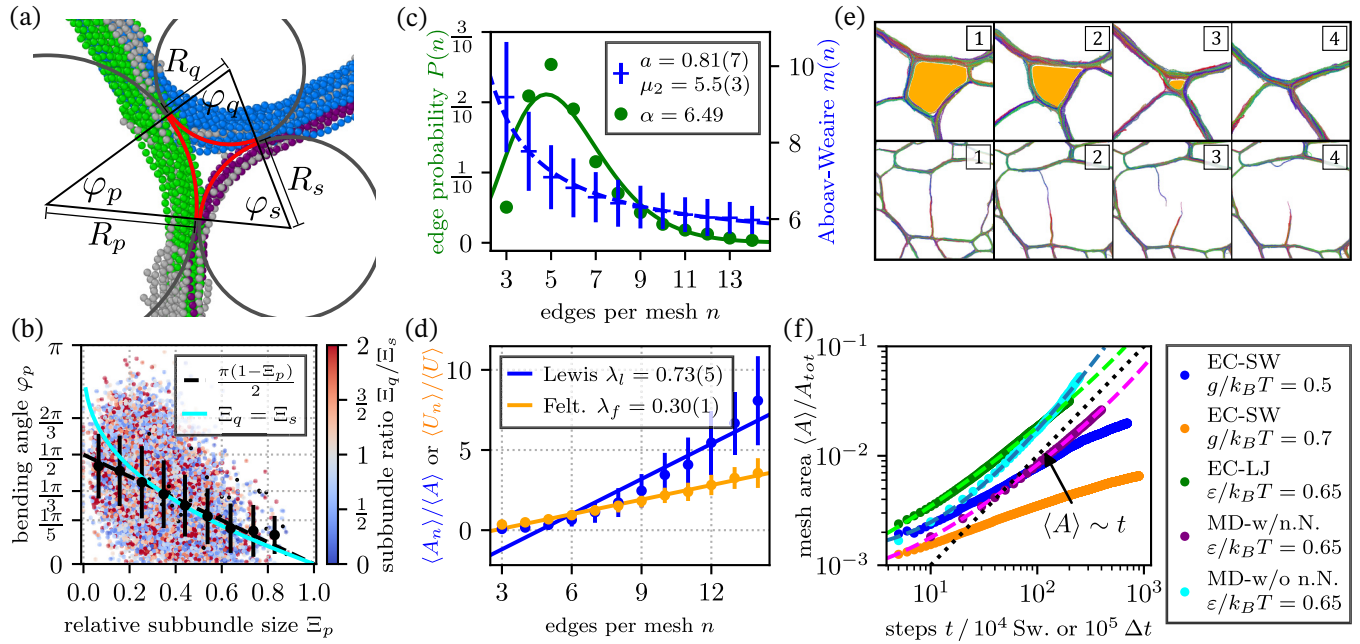


FIG. 2. (a) Sketch of the local vertex model. Red arcs represent the constant curvature approximation of the bundles. The polymers are colored to illustrate the assignment to three subbundles (gray polymers are not assigned to any subbundle). (b) Comparison of the model prediction for $N_q = N_s$ and angles measured from EC-SW $g = 0.7 k_B T$ network simulations (dots are colored according to the ratio of the subbundle sizes Ξ_q/Ξ_s). All measured angles are assigned to ten bins of width $\Delta\Xi_p = 0.1$ and mean bending angles are computed (black dots). (c) Aboav-Weaire relation $m(n)$ and probability $P(n)$ of observing a mesh with n edges. A gamma distribution is fitted to the edge number histogram (EC-SW $g = 0.7 k_B T$). (d) Test of applicability of the Lewis $\langle A_n \rangle / \langle A \rangle$ and Feltham laws $\langle U_n \rangle / \langle U \rangle$ on the polymer network (EC-SW $g = 0.7 k_B T$). (e) Coarsening processes: *Zipping* proceeds by lateral aggregation of bundles (top). In *ripping*, one bundle is torn apart leading to mesh coalescence (bottom). (f) Mean mesh area $\langle A \rangle$ (dots) as a function of the simulation time. The EC-LJ and MD simulations employ a Lennard-Jones pair potential and EC-SW the square well potential. MD-w/o n.N. denotes the system with disabled pair potential for bonded beads. The fits (dashed lines) are computed by integrating (2) and the parameters are provided in Fig. S35 of the Supplemental Material [37]. Coarsening that is asymptotically slower than $\langle A \rangle \sim t$ (dotted black line) is kinetically trapped.

Characteristics of the network structure. We start with an investigation of asymptotic statistical structural properties of the network by averaging over 20–50 simulation runs and compare the results with laws known from dry soap froths.

The *mesh angles* between bundles converging at a vertex are controlled by two competing tendencies. A minimization of the total bundle length gives rise to Plateau’s laws; i.e., three edges meet at a vertex at inner angles of $2\pi/3$ (assuming a homogeneous surface tension). It is apparent from Fig. 1 that Plateau’s laws are not strictly obeyed. This is in part attributed to differences in the number of polymers per bundle, which effectively translates into inhomogeneous surface tensions. The second, counteracting tendency is the bending stiffness, which favors straight conformations of polymer bundles. That way, a dependence of the angles on the local polymer configuration in the vertex is introduced.

Each vertex is characterized by its relative subbundle sizes Ξ . All polymers that emanate from one bundle and enter the same of the other two bundles at the vertex constitute a subbundle [see colors in Fig. 2(a) or Fig. S9 of the Supplemental Material [37]]. Then, Ξ_u is defined as the number of polymers N_u in subbundle u relative to the total number of polymers traversing the vertex, $\Xi_u \equiv N_u / \sum_j N_j$. To explain the observed mesh angles, we formulate a local model of an isolated vertex as illustrated in Fig. 2(a). A continuum approximation of the subbundles as arcs of constant curvature

is applied within the domain of the vertex. Each subbundle is associated with an energy consisting of contributions from decoupled bending $\sim N_u$ and missing attractive overlaps on the surface $\sim \sqrt{N_u}$, $E_u = N_u(\kappa/2)L_u/R_u^2 + \sqrt{N_u}gL_u$, where κ and g control the bending stiffness and the strength of the attractive overlaps, respectively, $L_u = \varphi_u R_u$ denotes the length of the arc, and we approximate each subbundle as cylinder of length L_u and cross-sectional area $N_u \sigma^2$. The vertex shape is determined by a minimization of the total energy $E_V = E_p + E_q + E_s$ of all three subbundles. Angles thus obtained for two symmetric subbundles $\Xi_q = \Xi_s$ are shown in Fig. 2(b) as a function of the relative subbundle size Ξ_p of the third subbundle and compared to measurements taken from polymer network simulations. The details of this calculation as well as additional result for general subbundle sizes $\Xi_q \neq \Xi_s$ are presented in Sec. IV C of the Supplemental Material [37]. Therein, we also substantiate the approximation of subbundles as arcs of constant curvature (Secs. IV B and IV C of the Supplemental Material [37]). A similar local vertex model was formulated in Refs. [31,32] to assign energies to vertices of given bundle sizes and angles.

In the comparison of the isolated vertex model prediction to the actual simulation data in Fig. 2(b), a pronounced scattering of the measured angles is apparent irrespective of the ratio Ξ_q/Ξ_s . This scattering indicates a strong influence of the surrounding network structure onto vertex angles, which

cannot be accounted for in an isolated vertex model. The mean bending angles computed after binning the data with respect to Ξ_p [black dots in Fig. 2(b)] are described very well by a relation linear in Ξ_p (black dashed line). Our model predictions (blue line) are similarly close for all but very small subbundles $\Xi_p \leq 0.1$ (see Sec. V C of the Supplemental Material [37]). We also note that Plateau's law $\varphi = \pi/3$ only applies for symmetric vertices $\Xi \approx 1/3$.

Cellular structures in 2D define a tessellation of the plane and are subject to Euler's theorem, which prescribes the mean number of boundaries per cell as $\langle n \rangle = 6$ assuming a vertex coordination of 3. Gamma distributions have been found to provide a good approximation to the distribution $P(n)$ of the number of neighbors in Poisson-Voronoi tessellations [48]. This motivates the choice of a renormalized gamma distribution $P(n) = \lambda^\alpha \Gamma(\alpha, 3)^{-1} n^{\alpha-1} \exp(-\lambda n) \Delta n$ to approximate the histogram of edge numbers [Fig. 2(c)], where the rate parameter λ is determined from the condition $\langle n \rangle = 6$ (see Sec. V D of the Supplemental Material [37]).

An empirical relation known from the context of cellular structures is the *Aboav-Weaire law* $m(n) = 6 - a + (6a + \mu_2)/n$, where a is a parameter and μ_2 denotes the variance of the edge number distribution [49]. The Aboav-Weaire law describes the average number of sides $m(n)$ of cells adjacent to a central cell with n sides. Measurements of $m(n)$ taken from SW simulation data and a fit of the Aboav-Weaire law are shown in Fig. 2(c) (additional data are provided in Fig. S17 of the Supplemental Material [37]). The determined value of a is close to 1 as expected by theoretical arguments [50].

The empirical *Lewis law* $\langle A_n \rangle / \langle A \rangle = \lambda_l (n - \langle n \rangle) + 1$ relates the number of sides n to the conditional mean area of cells $\langle A_n \rangle$ with side number n [51], where λ_l is a free parameter. However, Fig. 2(d) shows that the mean area $\langle A_n \rangle / \langle A \rangle$ does not scale linearly with n . Correspondingly, the Lewis law is not a very good description and even predicts unphysical negative mean areas for $n \leq 4$. The same issue was observed in experimental studies of soap froths [52]. An equivalent to Lewis law that considers the mean circumference $\langle U \rangle$ is the *Feltham law*. It provides a better description of the simulation results compared to Lewis law [Fig. 2(d); additional data are provided in Fig. S18 of the Supplemental Material [37]]. A similar finding was reported in studies of soap froths [53].

Additional structural results on mesh shapes and the number of polymers per bundle are presented in Figs. S14 and S15 of the Supplemental Material [37]. We also show that all structural results are independent of the simulation method (ECMC or MD) and the details of the short-range attraction (SW or LJ).

Coarsening dynamics of the network. The network coarsens toward a configuration of fewer meshes and thicker bundles, while exhibiting invariant distributions of many structural properties (mesh shapes, the number of polymers per bundle, mesh angles, Aboav-Weaire law, and Lewis and Feltham laws; Figs. S14–S18 of the Supplemental Material [37]). This suggests that the bundle network approaches an asymptotic scaling state with statistical self-similarity [54]. However, edge numbers and mesh area distributions hint at deviations from a strict scaling state (Figs. S19 and S20 of the Supplemental Material [37]).

The network coarsening proceeds via two basic processes, zipping and ripping. A *zipping* process, typically initiated by the disappearance of a short edge, is driven by a lateral aggregation of two bundles [Fig. 2(e)] and decreases the area of a mesh continuously. Zipping has also been observed experimentally for networks of actin bundles [16]. It is analogous to bubble disappearance via gas diffusion through the fluid interfaces in foams (T2 process). *Ripping* resembles the coalescence of two foam bubbles by rupture of the fluid interface. Tension from the length minimization of the surrounding network drives polymers within a bundle to slide in opposite directions until the bundle is torn apart [see Fig. 2(e), bottom and Fig. S21 of the Supplemental Material [37]]. Experimentally, the presence of tension in actin bundle networks has been demonstrated by laser cutting [12]. The characteristic timescale of both processes results from the time required for relative sliding of polymers over a bundle length [55]. Similar coarsening modes have been reported in a related simulation study [30] in the limit of weak binding. Zipping processes can be suppressed if polymers are very rigid, and ripping of subbundles can be suppressed if polymers are very long such that they can span entire subbundles and connect neighboring vertices, giving rise to slow impeded coarsening (see also Sec. VII of the Supplemental Material [37]). This is the limit considered in Refs. [31,32], where stable cellular structures without coarsening are found.

The evolution of the *mean mesh area* $\langle A \rangle$ is the most obvious way to analyze coarsening. Of particular interest is the potential existence of a power-law growth regime $\langle A \rangle \sim t^\alpha$, similar to the asymptotic coarsening of a dry 2D foam, where von Neumann's law $\dot{A}_n \propto (n - 6)$ implies $\alpha = 1$ [56,57]. However, the polymer networks are unlikely to obey von Neumann's law because the equilibrium angles are not $2\pi/3$, the boundary properties are not isotropic, and there is no diffusion through interfaces. The mean areas measured across several simulation sets are shown in Fig. 2(f). Interestingly, the coarsening behavior strongly depends on details of the interactions. ECMC simulations with square well pair potential (EC-SW) show a coarsening rate $\langle \dot{A} \rangle$ that *decreases* in time. This gives rise to a prohibitively slow dynamics that is asymptotically slower than $\langle A \rangle \sim t$, prevents the bundle network from reaching the state of a single bundle, and is a strong indication of an evolution toward a kinetically trapped state. An earlier study on bundle formation using a square well to model interpolymer attraction also reports kinetically trapped structures [8]. In contrast, simulations with the soft Lennard-Jones potential (EC-LJ, MD) exhibit unbounded growth, eventually forming a single polymer bundle. A faster coarsening is found in MD simulations (MD-w/o n.N) if the LJ interaction is disabled among first, second, and third nearest-neighbor beads along the polymers. Conversely, a drastic increase in the spring constant or the bending constant combined with an LJ potential leads again to a kinetically trapped state (see Figs. S22 and S23 of the Supplemental Material [37] and Refs. [31,32]). This indicates that details of nearest-neighbor interactions are important for polymer sliding, and kinetic trapping occurs when beads on two neighboring polymers "lock in" [26]. A comparison of MD including nearest-neighbor LJ interactions (MD-w/n.N.) and EC-LJ results shows a surprisingly accurate reproduction of the coarsening by the ECMC algorithm on

long timescales [purple and green dots in Fig. 2(f)] [58]. We find, however, no clear indication of an asymptotic power-law growth.

Toward a more quantitative description of the coarsening process, we use $\langle A \rangle \approx A_{\text{tot}}/N_m$ to relate the mesh area to the number N_m of meshes. Then, the coarsening is linked to the rate of zipping and ripping events R_z and R_r via $\dot{N}_m = -(R_z + R_r)$ resulting in $d\langle A \rangle/dt = \langle A \rangle^2(R_z + R_r)/A_{\text{tot}}$. We expect both rates to scale as $R \sim N_m v/L_B$ with the sliding velocity of polymers along the bundles v and an average bundle length L_B ; i.e., the event rate is proportional to the number of meshes in the system divided by the characteristic time of edge disappearance (see Sec. X of the Supplemental Material [37]). To gain insight into polymer sliding, we perform simulations of isolated bundles with one of the polymers subjected to an external force and measure the effected displacement along the bundle for different sets of parameters. These simulations indicate a thermally activated overdamped motion with a solidlike friction $v \propto \sinh(CF)$ (see Sec. IX of the Supplemental Material [37]), similar to *in vitro* studies of actin filaments [59]. The parameter $C = \Delta x/k_B T$ is related to the typical distance Δx between energy barriers; the existence of this additional length scale ultimately breaks down asymptotic power-law growth of $\langle A \rangle$. Combining the relation for v with scaling arguments linking the mean bundle length L_B via the mean circumference $\langle U \rangle$ to the mesh area ($L_B \approx \langle U \rangle/\langle n \rangle \sim \langle A \rangle^{1/2}$) and estimating the force as the energy gradient due to the reduction of the total bundle surface ($\langle F \rangle \propto \langle A \rangle^{1/4}$; see Sec. VIII of the Supplemental Material [37]), we obtain a closed time evolution equation for $\langle A \rangle(t)$,

$$\dot{a} = \begin{cases} \hat{b}a^{-1/10} \sinh(\hat{c}a^{1/4}), & \text{MD-w/o n.N.,} \\ \hat{b}a^{-17/20} \sinh(\hat{c}a^{1/4}), & \text{MD-w/n.N. or EC-LJ,} \end{cases} \quad (2)$$

where $a \equiv \langle A \rangle/A_{\text{tot}}$ and numerical constants \hat{b} and \hat{c} . A detailed derivation is provided in Sec. X of the Supplemental Material [37]. Both models allow a good approximation of the simulation data, as shown in Fig. 2(f), confirming the proposed coarsening scenario.

Conclusion. Our large-scale quasi-2D simulations show that semiflexible polymers generically associate into networks of bundles in the presence of isotropic mutual attraction. This structure is not yet in a final thermodynamic equilibrium state but coarsens over long times driven by adhesion energy minimization, which explains the experimental observation of networks of bundles in various systems [9,10,12–17,20–22]. The emerging bundle networks share structural features with foamlike cellular structures, even though Plateau's law ($\theta = 2\pi/3$) is not followed as a consequence of the bending stiffness and nonuniform bundle sizes in the network. The

average coordination number is only $z \approx 3$, but Maxwell's rigidity criterion does not apply as vertices are rigidified by polymer bending stiffness. The observed coarsening dynamics is qualitatively similar to foams, while the underlying microscopic processes, adhesive bundle zipping and bundle rupture under adhesion-induced tension, are unique to semiflexible polymer systems and the quantitative behavior generally differs. We could identify several structural properties, which are invariant during coarsening suggesting a state of statistical self-similarity. However, our simulations and empirical scaling arguments do not indicate asymptotic power-law growth of mesh areas and a coarsening dynamics that depends on microscopic details of the interaction between polymer beads, which govern the sliding motion of polymers in a bundle. In reconstituted experimental systems of polymers, a continued coarsening is not observed presumably because of kinetically trapped configurations [12,16], either due to locked polymers that are unable to slide because of cross-linking molecules or by a finite equilibrium bundle width [60,61], which can arise, for example, due to the helical shape of actin filaments [62,63], which is not taken into account in our model. *In vivo*, the ongoing remodeling of the actin networks by (de)polymerization, branching, and eventually pushing forces can further modify the structural properties of the networks of bundles. Nevertheless, networks of bundles remain generically observed structures. The sensitivity of the polymer sliding to details of the interactions is of particular interest for investigations of the mechanical response of bundled polymer networks, where sliding is reported to be one response mode at larger strains [33,64].

The natural extension of our work is the transition to genuine 3D systems [30,33,65–67], which have not been examined with respect to foamlike properties or cellular structure laws so far. Our preliminary results (see Fig. S36 of the Supplemental Material [37]) show networks of polymer bundles that can be viewed as an open-pore foam. Unlike typical open-pore foams, which are generated from area minimization and subsequent removal of cell faces, these structures emerge from edge length minimization as in 2D, making them an interesting subject for future studies.

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Data availability. Results of the image analysis, data points for the plots, the analysis code, and the data that supports the findings of this Letter are openly available [68].

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